



# 5<sup>th</sup> Vasco da Gama Movement Forum

Porto, January 26-27<sup>th</sup>, 2018

## PRELIMINARY PROGRAMME

FRIDAY JANUARY 26 <sup>th</sup>	
08:30-14:00	Registration
09:00-12:30	Pre-Forum activities (choose 1 out of 2 options) [optional]
12:30-14:00	Lunch [not provided]
14:00-15:45	Opening ceremony 1 <sup>st</sup> keynote lecture
15:45-16:30	Community building café
16:30-17:00	Coffee break
17:00-18:00	Parallel sessions
18:00-18:30	Ignite presentations
19:00-20:00	Porto d'Honra

SATURDAY JANUARY 27 <sup>th</sup>	
09:00-09:20	<i>Healthy body, healthy mind session</i>
09:30-11:00	Parallel sessions
11:00-11:30	Coffee break
11:30-13:00	2 <sup>nd</sup> keynote lecture
13:00-14:00	Lunch
14:00-15:30	Presentation of posters
15:30-16:30	Parallel sessions
16:30-17:00	Coffee break
17:00-18:30	3 <sup>rd</sup> keynote lecture Closing ceremony
18:30-20:00	Free time
20:00-late	Official dinner & farewell party [optional]