



5th Vasco da Gama Movement Forum

Porto, January 26-27th, 2018

PRELIMINARY PROGRAMME

FRIDAY JANUARY 26 th	
08:30-14:00	Registration
09:00-12:30	Pre-Forum activities (choose 1 out of 2 options) [optional]
12:30-14:00	Lunch [not provided]
14:00-15:45	Opening ceremony 1 st keynote lecture
15:45-16:30	Community building café
16:30-17:00	Coffee break
17:00-18:30	Parallel sessions
18:30-19:00	Free time
19:00-20:00	<i>Porto d'Honra</i>

SATURDAY JANUARY 27 th	
09:00-09:20	<i>Healthy body, healthy mind session</i>
09:30-11:00	Parallel sessions
11:00-11:30	Coffee break
11:30-12:30	2 nd keynote lecture
12:30-13:00	Ignite session
13:00-14:00	Lunch
14:00-15:30	Presentation of posters
15:30-16:30	Parallel sessions
16:30-17:00	Coffee break
17:00-18:30	3 rd keynote lecture Closing ceremony
18:30-20:00	Free time
20:00-late	Official dinner & farewell party [optional]