

VdGM Fund - VdGM Forum Porto

2018 Edition

Ikbal Akyildiz – winner report

This is my first Vasco Da Gama Movement event. But I am sure that it is not the last one, cause I love it :)

I started my Family Medicine training programme at Marmara University Medical School Family Medicine department in İstanbul, Turkey at April 2017. It is one of the top Family Medicine Programme around the country with 5 professors and 55 trainees. I was graduated from Marmara University Medical School.



I attended to the Forum with an oral presentation. It was a qualitative research which I established with my colleagues and supervisor professors. It is not my first or last oral presentation, I hope. Because my career plans involve academical purposes and community-based development for the near future. I did 5 research so far and I have just started :) I attended many international and national student congresses with poster and oral presentations; one national resident autumn school with poster presentation. I am really excited to be a part of the Family Medicine / General Practitioner community, the moment I entered the training.

Now I found VdGM, I am glad that this movement can give me new skills, networking and better perspective about medicine.

I am a newly graduated doctor compared to the others. So I was happy to listen. I listened so many different stories and cases and fun facts and general thoughts about Family Medicine, practice, medicine and life even.

It is not my first time abroad but it is my first abroad international forum. So it was amazing to be surrounded by so many young doctors from different societies. Because I realised that medicine is great if we try to make it better. And at the forum, every room was full of these kind of doctors. This a great opportunity for me to compare the Family Medicine practice in my country and around the Europe.

Although it was like a moment, 2 days was full of new ideas, new skills, better understanding myself, job's content and the others. I found new tools and a path of development in this forum.

And the Organizing Committee made a great job. I was a member of my faculty's committee once. I can understand the hard working right behind this amazing weekend. The organizing committee did their best so we enjoy and learn and teach and share and be happy by this event at the end.

Last but not least, it's been a pleasure to listen Keynotes from legends, our past and mentors as the point to a better future for medicine, for all of us. Because experience does matter. And Family Medicine is based on communication. So I became happier and happier when I met

more people from other cultures. Meeting with all those wonderful doctors, showed me that we are stronger together.

I got infected with the VdGM virus. I hope I will come back next year and next year and so on. Thanks for having me. Cyall :)

