MESSAGE FROM THE PRESIDENT

It is with great pleasure that I present to you our 2017/18 Annual Report. This document, as with everything we do in VdGM, reflects the passion and collaboration of young doctors from across Europe.

Our year began last June in Prague with a fantastic Preconference and the election of 6 new Executive members. We launched 3 new positions to strengthen our core activities: Policy Officer, tasked with capturing the voice of our members; Events Officer, supporting Host Organising Committees and developing resources to aid their work; and Fundraising & Awards, strategically reviewing our awards and how they and our other activities are ethically funded.

Alongside the successful elections, we engaged our Council in reforming our constitution making several important amendments to reflect our current activity and future development needs. So enthused was the Council with this renewed level of engagement that we voted to hold an additional Council Meeting in Porto prior to our January Forum, such that we could continue the momentum of our reformation work.

The 5th VdGM Forum in Porto was a resounding success, oversubscribed with over 300 participants attending from all 7 WONCA World Regions.

Other new developments this year have included proactive strengthening of our relationships with the WONCA networks and the evolution of new Special Interest Groups in the areas of Research, Emergency Medicine and Migrant Care, International Health and Travel Medicine. In April members of our Executive and 6th Forum Host Organising Committee attended a unique fundraising training, leading we hope to a more sustainable financial future.

We look forward now to another excellent WONCA Europe Conference in Krakow and an exciting year ahead where we hope to focus on strengthening our external relationships and the support we offer to our members in developing their national young doctors organisations.

Many thanks to all our friends and supporters across the WONCA Family who have inspired and motivated our passion for Family Medicine and international collaboration. Let’s keep spreading the VdGM Virus in 2018/19!
EXECUTIVE BOARD
WHERE WE COME FROM*

- The data presented in this report is based on the submitted reports by VdGM Executive Board, Council, SIG leads and Liaisons.
In the annual report of 2016 – 2017, prior to the election of the new board, the number of national representatives who have also acted as executives was 33%.

**FINANCIAL AID**

Only 1 executive member out of 9 receives financial aid from their national College.
CORE ACTIVITIES IN NUMBERS

**EXCHANGES**
- 41 HIPPOKRATES CERTIFICATES ISSUED
- 12 CONFERENCE EXCHANGES 2017
- 9 CONFERENCE EXCHANGES 2018
- 34 CERTIFIED FM 360 EXCHANGES

**AWARDS**
- 10 HIPPOKRATES AND CAROSINO PRIZE WINNERS
- 2 BURSARY APPLICATIONS
- 51 BURSARY WINNERS
- 16 APPLICATIONS

**EVENTS**
- 2 PRECONFERENCES
- >300 FORUM PARTICIPANTS
- 6 CONTINENTS THAT PARTICIPANTS CAME FROM
- 2500 EUROS TO PROVIDE FUND BURSARIES

**IMAGE**
- 1418 FACEBOOK PAGE LIKES
- 120 MEDIA POSTS
- 100 INSTAGRAM FOLLOWERS

**INTERNAL AFFAIRS**
- 11 EXECUTIVE MEETINGS
- 4695 WHATSAPP MESSAGES
- 9000 EUROS TOTAL INCOME
- 12500 EUROS OF SPENDINGS
CHALLENGES

DEVELOPMENT OF NEW ROLES
GATHERING DATA AND INFORMATION FROM PAST EVENTS
UNDERSTANDING VDGM COMPLEXITIES
MANAGING CONSTITUTIONAL CHANGES
HANOVER PERIODS
BUDGET EXPECTATIONS
ORGANIZING EXCHANGE DATA
WEBSITE MANAGEMENT
FUNDRAISING POLICY GUIDELINE
CONSTRUCTIVE COUNCIL ENGAGEMENT

IDENTIFYING 2 NEW POLICY AREAS TO FOCUS ON
IMPROVED INTERNAL & EXTERNAL COMMUNICATION
ACCOUNTING IMPROVEMENTS
DEVELOPMENT OF JOB DESCRIPTIONS FOR NETWORK LIAISONS
COMMUNITY BUILDLING AT EVENTS
REFORMING AWARDS AND BURSARIES PROCEDURES
TEAM BONDING AND GROWTH INTO NEW ROLES
REPRESENTING VDGM AT EXTERNAL MEETINGS
MAINTAINING AND STRENGTHENING PARTNERSHIPS WITH WONCA NETWORKS
RECRUITING NEW MEMBERS AND COUNTRIES TO JOIN THE COUNCIL
ENGAGING COUNCIL IN DEVELOPING THE CONSTITUTION AND OTHER KEY DECISIONS

SUCCESSES
WHAT’S AHEAD?

GREATER SUPPORT FOR ACTIVITIES OF LIAISONS AND SPECIAL INTEREST GROUPS

RUNNING WORKSHOPS AT WONCA EUROPE AND WONCA WORLD CONFERENCES

POLICY TOPIC DEVELOPMENT AS WE CAPTURE OUR MEMBERS VOICES

STRENGTHENING OUR BUDGET AND FUNDING ALLOCATION PLANS

DEVELOPING RESOURCES FOR BETTER CENTRAL COORDINATION OF EXCHANGES

SUPPORTING NEW COUNTRIES IN JOINING THE COUNCIL

DEVELOPING TOOLS FOR SUPPORTING HOST ORGANISING COMMITTES OF EVENTS

SUPPORTING MEMBERS’ INVOLVEMENT IN WONCA EUROPE ACTIVITIES

BUILDING A SUSTAINABLE COMMUNICATION STRATEGY

STRENGTHENING ORGANIZATIONAL IDENTITY AND BRANDING

DEVELOPING MEMORANDUMS OF UNDERSTANDING WITH WONCA NETWORKS

ACTIVE VDGM REPRESENTATION IN WONCA EUROPE AND WORLD EVENTS

PROVIDING SUPPORT FOR NEWLY FORMING YOUNG DOCTORS’ MOVEMENTS

SUPPORTING COUNCIL OPERATIONS AND CONTINUING TO INCREASE ENGAGEMENT

ETHICAL AND SUSTAINABLE FUNDRAISING STRATEGY DEVELOPMENT
LIAISONS AND SPECIAL INTEREST GROUPS
WHERE WE COME FROM

12 POSITIONS
6 COUNTRIES
THE TEAM

LIAISONS

- EGPRN
- EURIPA
- EURACT
- FM 360°
- ASPIRE

SPECIAL INTEREST GROUPS

- FAMILY VIOLENCE
- EQUALLY DIFFERENT
- RESEARCH
- INTERNATIONAL HEALTH, TRAVEL MEDICINE AND MIGRANT CARE
- EMERGENCY MEDICINE
- MENTAL HEALTH
**THE TEAM**

**FEMALES** 89% **MALES** 11%

**REPRESENTATION**

100% of VdGM liaisons and SIG leads are not on the Council as national representatives.

**FINANCIAL AID**

100% of VdGM liaisons and SIG leads do not receive any financial support from their national organizations or networks / SIG’s.
CORE ACTIVITIES

Workshop “Pregnant and in peril: the approach to intimate partner abuse in pregnancy”

Workshop “The legacy of Intimate Partner Violence. Heterosexual and Gay (LGBTQ) communities. New challenges for the family doctor”

4th VdGM Forum ASPIRE workshop,

5th VdGM Forum ASPIRE Workshop,

5th VdGM Forum ASPIRE Eureka Collaborative Session,

WE Prague Conference ASPIRE mentor&mentee meeting

“Integrated counselling model for mental health and family violence” by Dr. Martin Seifert

“Stigma and mental health” by Dr. Ozden Gokdemir and Dr. Ana Cabrita.

A social media initiative on the International Mental Health day

Developing an International Web-based Course on Research in Primary Health Care: Research 2.0 - By new and future GP’s - VdGM. Rosy Tsopra, Gabriella Pesolillo, Katarzyna Nessler, Peter Sloane, Ivana Babic, Claire-Marie Thomas, Ana Luisa Neves

Multinational collaborative study on how to adapt the FM&GP Training to Exponential Age. Ana Luisa Neves, Radost Asenova, Claire Marie Thomas, Berk Geroglu, Raluca Zoiatanu, Veronika Rasic, Mehmet Ungan

Multinational collaborative study of diversity in General Practice/Family Medicine training across Europe. Radost Asenova, Ana Luisa Neves, Claire Marie Thomas, Berk Geroglu, Raluca Zoiatanu, Veronika Rasic, Mehmet Ungan


General Practice/Family Medicine training across Europe: Exploring differences and similarities to inform the development of standardised curricula. Ana Luisa Neves, Radost Assenova, Raluca Zoiatanu, Vanja Lazic, Sophia Eilat-Tsanani, Gaetano Lops, Veronika Rasic, Claire Marie Thomas, Mehmet Ungan

Presentations and key note (Dr.Berit Hansen) at EURIPA forum in Crete.

...AND MUCH MUCH MORE!
CHALLENGES

FINANCING THE ATTENDANCE OF MEETINGS
RECRUITMENT OF NEW MEMBERS
ACTIVE ENGAGEMENT IN GROUP ACTIVITIES
TIME MANAGEMENT
LACK OF CREATIVITY
LOW NUMBERS OF ENGAGED MEMBERS
MANAGING REQUESTS TO JOIN ACTIVITIES
LACK OF INTERACTION AMONG VDGM SIG’S

SUCCESSES

INCREASE IN MEMBERS
NEW IDEAS AND PROJECTS
CONNECTING WITH LOCAL PEERS AT EVENTS
LOCAL REPRESENTATIVES ATTEND THE EVENTS AND REPORT
MAINTAINING PRESENCE THROUGH WORKSHOPS
NEW COLLABORATIONS AMONG VdGM SIG’s
WEB – BASED RESEARCH COURSE DEVELOPMENT
GREAT TEAMWORK
COLLABORATIONS WITH WONCA EUROPE AND WORLD NETWORKS
NEW SPECIAL INTEREST GROUPS FORMED THIS YEAR
SPOTLIGHT SESSIONS FOR ALL GROUPS AND NETWORKS IN THE VDGM KRAKOW PRECONFERENCE
WHAT’S AHEAD?

Further membership increase

SIG structure consolidation

Project development

Exploring financing options

Finding a successor to handover the lessons learned

Expanding our group and including new collaborators

Continue the collaboration with WONCA’s SIGs

Maintain our presence at VdGM and WONCA Europe main events

Have a permanent position and role in WE and WW

Encourage more members to be active

Raise awareness for the support members can get for abstract submission

Improve internal communication

To see the work on the development of standardised curricula come to life

Developing a professional platform for collaboration

Continue collaborations between networks

Engage VdGM members that have an interest in rural health
COUNCIL
WHERE WE COME FROM

34 MEMBERS
24 REPORTS
THE TEAM

FEMALES 62.5%  MALES 37.5%

58.3%
COUNCIL MEMBERS HAVE COMMENCED THEIR POSITION IN UNDER A YEAR

16.6%
HAVE BEEN A COUNCIL MEMBER FOR LONGER THAN 3 YEARS

FINANCIAL AID
13 council members (54.2%) receive financial aid from their national College towards participating in VdGM activities.

60%
of the respondents say there is no separate national organization for young family medicine / general practice doctors in their countries.
CORE ACTIVITIES

TO NAME A FEW...

PROPOSING AND VOTING UPON CONSTITUTIONAL DEVELOPMENTS TO STRENGTHEN VDGM

VOTING FOR ELECTION OF NEW EXECUTIVE GROUP MEMBERS

PROVIDING FEEDBACK TO VDGM EXECUTIVE

WORKSHOPS, POSTERS AND PRESENTATIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

EDUCATIONAL AND NETWORKING SESSIONS

ORGANIZING LECTURES

COLLABORATION WITH LOCAL MEDIA OUTLETS

BUILDING SUSTAINABLE PARTNERSHIPS WITH SENIOR COLLEAGUES

ORGANIZING LOCAL YOUNG DOCTORS’ CONFERENCES

PARTICIPATING IN EXCHANGES AND SHARING EXPERIENCES BY REPORTING THEM LOCALLY

COLLABORATION WITH NATIONAL POLITICIAN PARLIAMENTARY GROUPS

VDGM EVENTS PROMOTION LOCALLY

ORGANIZING VDGM PRE-CONFERENCES AND FORUM

CARRYING OUT LOCAL GP/FM INITIATIVES
Challenges

Struggling to gain support, recognition and funding from senior national member organisations
Senior national member organisations not being paid members of WONCA Europe hindering rights and opportunities for young doctors with WE and VdGM
Struggle to have access to useful and well supported research opportunities
Issues with recruitment and retention of family medics/GPs in rural areas
Securing hosts for exchanges
Raising issues national with the quality of training and education
Publicising VdGM nationally and explaining what the network can offer
Engaging national young doctors in VdGM activities
Finding new representatives to sustain representation on VdGM
Poor image and reputation of family medicine
Struggle with low salaries/income
Lack of positive role models for young GPs
Scapegoating for young doctors when mistakes happen

Sucesses

Hosting national and international events and exchanges
Recruitment and election of new national young doctors committees
Develop funding support for council activities from national organisations
Identifying colleagues to take on National Exchange coordinator activities,
Hosting of successful workshops at national and international conferences
New exchanges and support for funding exchanges from senior organisations
Receiving support and welcome videos/speakers from VdGM executive for national events
Advocating nationally for health systems’ reforms and increased recognition of family medicine
A growth in engagement and popularity of young doctors’ networks and thus in VdGM activities
Advocating for increased support of young doctors and their training and development at national levels
WHAT’S AHEAD

OPENING A JOURNAL / CASE CLUB FOR FM/GP TRAINEES
RECRUITING MORE MEMBERS TO GET INVOLVED IN VDGM
SCOUTING FOR NEW NATIONAL LEADERS
INCREASING VDGM PROMOTION LOCALLY
IMPROVING THE ORGANISATION OF EVENTS
STRIVE FOR ACADEMIC EXCELLENCE IN GP / FM TRAINING
ADVERTISE EXCHANGE OPPORTUNITIES
STRIVE FOR BETTER YOUNG DOCTORS WORKING CONDITIONS
ADVOCATING FOR PROLONGING TRAINING TIME
ORGANIZE VDGM AND WONCA EVENTS

...
THANK YOU FOR A GREAT YEAR ...

... AND STAY TUNED FOR THE NEXT!

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